

# Healing to Wholeness

New Tools for Self Healing & Personal Transformation

## Foundation Class



**Six Monday Morning Classes with Beverly Lawrence & Kathleen MacGregor**

**Oct. 22, 29, Nov. 5, 12, 19, 26 ~ 9:30-12:00**

**Location: Body Ritual Wellness Center, 91 South Main Street, Willits**

Healing to Wholeness uses the practices of Process Coaching to seek out and love the parts of ourselves that have not yet had acceptance. It's as if those parts have been begging for our attention. When they receive the acknowledgement they have always wanted, our life begins to unfold according to its true expression. We can then realize we are living the life of our dreams.

The inner art of Healing to Wholeness is a synthesis of Hypnotherapy, Neuro-Linguistic Programming, Right Use of Will, Shamanic Wisdom, and Psychic Awareness.

**In this class learn to:**

**Quickly and easily free yourself from guilt and blame.**

**Relieve physical and emotional pain.**

**Manifest more of who you really are.**

**Enhance your Life-force energy.**

**Get more of what you want out of life.**

**Deepen your clairsentient awareness.**

**Get unstuck from blocks and unwanted patterns without denial.**

**Beverly Lawrence** practices as a process coach, clairvoyant reader, and essential oil practitioner at Full Circle Wellness Resource Center in Ukiah. She is a minister and graduate of the Berkeley Psychic Institute, a public school and Waldorf teacher. Her background includes nutritional coaching, hands on healing, and family constellation process. Beverly offers individual coaching sessions and channeled readings. "I want to help people connect with the deepest parts of their intuition and manifest what they really want."

**Kathleen MacGregor** is a process coach, teacher of Healing to Wholeness and massage therapist, practicing in Ukiah at Full Circle Wellness Resource Center. In her work, she honors the body's innate desire and ability to heal, allowing intuition to guide the process. "I am seeing more and more people who are giving up looking outside themselves for the healer. I want to help those who are ready to take their healing into their own hands."

For more information or to register contact **Beverly 462-2340** or **Kathleen 391-8569**. Tuition for all six classes is \$245 and includes a 180-page manual and weekly telephone check-ins