



Transforming Family Patterns

Workshop: Saturday May 10, 2008 10:00AM-5:00PM

6761 Sebastopol Ave in Gravenstein Station near Coffee Catz in Sebastopol

Workshop Fee \$90

We were all raised in families and our families have had a profound effect on how we live our lives. We can gain more freedom and flexibility by revisiting our initial family conditioning and reshape our lives by transforming these patterns. Through the constellation process one can get to the root of the deep unconscious family patterns and transform lifelong habits. Each participant will have the opportunity to explore family dynamics by either setting up their own family constellation or being a representative in another family system.

- Free yourself and be more alive.
- Become aware of and break free from conditioning.
- Learn how our family of origin has shaped our lives.
- Find inner strength and resources to be who you really are.
- Make choices that are aligned with your whole being.
- Heal issues of partnership, addiction, fears, business, guilt, or illness.

Adam Bulbulia is a certified process coach with five years experience in process coaching and over ten years of experience in the healing arts. Adam weaves together his experience as a Waldorf Educator with the healing approach cultivated in Healing to Wholeness. "I love helping people become their own guide on a pathway to embodying their deepest dreams and living the life they really want to live." Adam offers individual, relationship, and teen coaching sessions in Ukiah and Sebastopol.

Beverly Lawrence practices as a process coach, clairvoyant reader, and essential oil practitioner at Full Circle Wellness Resource Center in Ukiah. She is a minister and graduate of the Berkeley Psychic Institute, a public school teacher and a Waldorf teacher. Her background also includes nutritional coaching, hands on healing, and family constellation work. Beverly offers individual process coaching sessions and channeled readings. "I want to help people connect with the deepest parts of their intuition and manifest what they really want."

To register contact Adam (707) 829-3028 or Beverly (707) 462-2340